



OCTOBER | 2018

ELEMENTARY SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Mini Corn Dogs OR "Porcupine" Beef Sliders Macaroni and Cheese Steamed Broccoli Carrots with Dip Diced Peaches Fresh Fruit Milk	3 Confetti Pancakes Scrambled Eggs Emoticon Potatoes Veggie Boat with Dip Baked Apples Fresh Fruit Milk	4 Hamburger/Cheeseburger OR Turkey Sub Sandwich Potato Wedges Garden Salad Diced Pears Fresh Fruit Milk	5 Chicken Drumstick with Dinner Roll OR Turkey Wrap Mashed Potatoes Green Beans Applesauce Fresh Fruit Milk
8 Chicken Nuggets with Roll OR Hot Ham & Cheese Emoticon Potatoes Baked Beans Pineapple Tidbits Frozen Sidekick Milk	9 Mandarin Chicken OR Beef Teriyaki Dippers Steamed Broccoli Carrots & Celery with Dip Steamed Rice Mandarin Oranges Fresh Fruit Milk	10 Penne Pasta with Meat Sauce OR Chicken Alfredo Glazed Carrots Garden Salad Diced Pears Fresh Fruit Milk	11 Hot Dog or Chili Coney Sweet Potato Puffs Veggie Boat with Dip Applesauce Fresh Fruit Milk	12 Grilled Cheese OR Fish Taco Tomato Soup Garden Salad Diced Peaches Fresh Fruit Milk
15 Chicken Patty OR BBQ Sandwich Waffle Fries Carrots & Celery with Dip Pineapple Tidbits Fresh Fruit Milk	16 Cheesy Flatbread with Marinara Sauce OR Alfredo Flatbread Green Beans Garden Salad Mandarin Oranges Frozen Sidekick Milk	17 Chicken OR Chicken Quesadilla Salsa, Sour Cream Black Beans Corn Diced Pears Fresh Fruit Milk	18 French Toast Bites OR Confetti Pancakes Sausage Veggie Boat with Dip Baked Apples Fresh Fruit Milk	19 Pizza Crunchers OR Chicken Patty Marinara Sauces Steamed Broccoli Garden Salad Diced Peaches Fresh Fruit Milk
22 Chicken Tenders Potato Wedges Garden Salad Pineapple Tidbits Fresh Fruit Milk	23 Salisbury Steak OR Hamburger/Cheeseburger Mashed Potatoes Green Beans Diced Peaches Fresh Fruit Milk	24 3 or 4 Way Chili Spaghetti Glazed Carrots Garden Salad Diced Pears Frozen Sidekick Oyster Crackers Milk	25 Beef Nachos OR Beef Soft Taco Salsa, Sour Cream Refried Beans, Corn Applesauce Fresh Fruit Milk	26 Cheese OR Pepperoni Pizza Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk
29 Queso Chicken over Rice OR Beef Enchiladas Salsa, Sour Cream Black Beans Corn Pineapple Tidbits Fresh Fruit Milk	30 Mini Corn Dogs OR "Porcupine" Beef Sliders Macaroni and Cheese Steamed Broccoli Carrots with Dip Diced Peaches Fresh Fruit Milk	31 Confetti Pancakes Scrambled Eggs Emoticon Potatoes Veggie Boat with Dip Baked Apples Fresh Fruit Milk		

News

ONLINE LUNCH DEPOSIT:

*7 DIGIT # NEEDED TO REGISTER OR VERIFY/EDIT
<http://www.k12paymentcenter.com/>

FREE/REDUCED:

<http://lunchapplication.com>

Volunteer:

<http://signup.com/go/sjoNFES>
 *all volunteers must be Virtus trained and compliant
 Virtus: <http://www.virtus.org/>

PRICES

LUNCH \$2.85
 (INCLUDES MILK)
MILK/ JUICE BOX \$0.50
EXTRA ENTRÉE \$1.25
WATER \$1.25
SNACKS \$0.75
ICE CREAM \$0.75/\$1.00

*MENU SUBJECT TO CHANGE AT ANY TIME DUE TO SHIPPING SUPPLY

**STUDENTS MUST TAKE A FRUIT OR VEGETABLE WITH LUNCH