



Inviting all runners, girls and boys entering grades 3-8, to come out and run for the BSXC Team! No experience is necessary. Our main focus is personal improvement. We closely monitor each runner's progress, help them set personal goals, and celebrate when they achieve new Personal Records.

Registration is now open for the 2019 season at <https://bssboosters.demosphere-secure.com/demosphere-registration>  
The fee is \$65.00/child.

Our season begins July 16 and runs through early November. Practice will be Tuesday and Thursday evenings at Flagship Park in Erlanger. Meets begin in August and are usually on Saturdays with occasional weekday meets after school. Additional FAQs can be found [here](#).

Our team is very understanding of and flexible with other sports' schedules. If you can't make every single practice or meet, that's ok.

Please feel free to contact us with any questions at [josefniel@gmail.com](mailto:josefniel@gmail.com)

We're looking forward to another fun season,  
Coaches Joe Nielander & Missy Schmitt